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It's parks-and-play season in The Colony

THE COLONY, Texas — As the summer gets underway in The Colony, more and more residents schedule time to spend outdoors. Fresh air is important, but so is maintaining an active lifestyle that involves play, especially for families with children.

Play should be inclusive, easy, integrated, and family-friendly. The City of The Colony prides itself on providing its residents with a wide array of [parks](#) and [facilities](#) that encourage families to take advantage of the many free and accessible opportunities to be active that are available in the community.

Mayor Joe McCourry said children thrive on balanced play that promotes active bodies, active minds, and – most importantly – being active together.

“A family that plays together, stays together,” he said. “Kids need adults who are caring and engaged to help them develop and grow. Playtime is a great time to show kids they are safe and loved.”



For more information about recreational activities available in The Colony, contact the city's Parks and Recreation Department at 972-625-1106 or visit the department's pages on our website, www.thecolonytx.gov.

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