# The Colony Police Department

Police Department<br/>Community Resources



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# The Colony Police Department

# Report Emergencies Call 911

# Report Non-Emergencies Call 972-625-1887

# Disclaimer:

The Colony Police Department— Mental Health Team has compiled this packet in the attempt to list community resources that can potentially provide a variety of assistance to citizens in need throughout our community. Many resources were on other recommended community lists, some were recommendations from members in the community from personal experiences. Many have been used and have had positive results with, or, at least the resource attempted to provide assistance. Other than the police services listed, The Colony Police Department does not own, operate, or control in any way, any of theses contacts, resources, or businesses, and lists them only in good faith, as is, and can make no guarantees, nor take on any liabilities, from any services provided, outcomes, or vouch for the people listed in this packet. It was provided as a potential convenience, and to be used at your own discretion.

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### 1. Denton MHMR Crisis

Crisis Line: 800-762-0157

940-381-5000

www.dentonmhmr.org

# 2. MHMR Psychiatric Triage Clinic

Open 24-hours 2509 Scripture St Denton, TX 76201 940-381-9965

# 3. MHMR Flower Mound Outpatient Center

1001 Cross Timbers Road, Ste. 1250 Flower Mound, TX 75028 214-488-0121

www.dentonmhmr.org

# **MHMR Assertive Community Treatment Team**

The "ACT" Team

On-Call Team before & after hours,

Including weekends 940-297-5442

# **MHMR Crisis Prevention Team**

2519 Scripture St Denton, TX 76201

Assist with person not in a crisis but could benefit from MHMR services.

Drug/Alcohol Abuse help

Johnathon Krause johnathonk@dentonmhmr.org 940-435-9911 Mon-Fri 0800-1700

www.dentonmhmr.org/

# MHMR Substance Abuse Services Dr. John Lloyd john@dentonmhmr.org

2519 Scripture St Denton, TX 76201

www.dentonmhmr.org/

940-381-5000

# 7. Denton County MHMR Main Office Center

Denton, TX 76201 940-381-5000 www.dentonmhmr.org/

2519 Scripture St

# MENTAL HEALTH

# 8. Mayhill Behavioral Health Hospital (Geriatric Psych)

Open 24-hours 2809 S. Mayhill Rd Denton, TX 76208 940-239-3000 www.mayhillhospital.com

University Behavioral Health of Denton (UBH) Intake Open 24-hours (for ages 13 and up)

Teen Trauma Program. Individual and family therapy.

2026 W University St Denton, TX

940-320-8100 or 940-539-4989

www.ubhdenton.com

# 10. Carrollton Springs

24/7 Mental health and Addiction Care Adults, Children and Teens Including Depression, Anxiety, PTSD, Suidal Ideation, Drug/Alcohol Addiction, and more. 2225 Parker Road Carrollton, TX 75010 972-544-7366

https://www.carrolltonsprings.com/

# 11. Haven Behavioral Hospital of Frisco

(For ages 12 and up) 5680 Frisco Square Blvd. (first floor) Frisco, TX 75034 469-535-6785 https://www.havenfrisco.com

#### 12. Perimeter Behavioral Hospital of Arlington

(For ages 5-17) 7000 U.S. 287 Frontage Road Arlington, TX 76001 817-662-6341

Perimeter Behavioral Hospital of Arlington, Texas



# MENTAL HEALTH

# 13. HERE for Texas

Mental Health Navigation Line: 972-525-8181 Monday thru Friday 10 to 6 Here For Texas

13. Millwood Hospital (for ages 9-99) 817-261-3121 1011 North Cooper St. Arlington TX. 76011

13. **Texas Health Seay Behavioral Health Plano** 6110 West Parker Rd. Plano, TX. 75093 682-236-6023

# SHELTER/HOUSING

# 1. Salvation Army (with a Shelter)

940-566-3800 1508 E McKinney St Denton, Tx 76209 www.salvationarmyusa.org

# 2. Monsignor King Outreach Center with Shelter

300 S. Woodrow Denton, TX 76205 940-268-2968 Inclement weather shelter on M,T,W, Evening meals on Tues www.kingouteachcenter.com

# 3. Denton Freedom House (DFH)

3083 Trails End Denton, Texas 76227 940-565-5990 or 940-580-2825 Office Office Hours: 10:00am- 4:00pm Mon-Fri Housing, work, financial assistance www.dentonfreedomhouse.org

# 4. Friends of the Family (Denton County)

800-572-4031 (24-hour Crisis Line) 940-382-7273 Help and resources www.dcfof.org

# 5. Grace Like Rain Ministries

306 N. Loop 288 Suite 112 Denton, TX 76210 940-535-5557 www.gracelikerainministries.org

# 6. Journey to Dream (Kyle's Place)

1960 Archer Ave Lewisville, Texas 75077 469-470-2382 Victimized, at-risk, and homeless teens www.journeytodream.com/

# 7. The Bridge Homeless Shelter

1818 Corsicana St. Dallas, Texas 75201 214-670-1100 www.bridgenorthtexas.org

# 8. Dallas Life, Recovery for the Homeless

1100 Cadiz Street Dallas, Texas 75215 214-421-1380 www.dallaslife.org

# SHELTER/HOUSING

# 9. Refuge for Women

306 N. Loop 288 #199
Denton, Texas 76209
859- 629-1642 Hotline
Care for women who escaped human trafficking/sexual exploitation. Up to 12 months safe housing, includes counseling and life/work skills development. Work with persons 18+.

#### 10. Rescue Her

817-891-2093 Hotline 24/7 Response within 90 minutes. They go to client, neutral setting. They provide awareness, prevention, rescue, aftercare for victim or person at risk of trafficking. Medical care, shelter, counseling, housing, legal services, obtaining ID documents, transportation to appointments.

#### 11. Unfaulted

#### www.unfaulted.org

Helps build a foundation for young women who have aged out of foster care. Provides counseling, life skill classes, education, job training, mentoring, and help finding housing.

# **FOOD**

### 1. NTX COMMUNITY FOOD PANTRY

5201 S. Colony Blvd Suite #600 The Colony, TX. 469-514-9065

https://ntxcfp.org

Food Pantry walk-up: Monday 9 AM- till Noon Wednesday 9 AM - till Noon Thursday 4:30 PM till 6:30 PM

Saturday donation drop off day 10 AM till Noon

# 2. Heart of the City

2021 N. Mill St Lewisville, TX 75057 972-824-6171 Food, Clothing, Counseling

24-hour food outside on shelves to hold you over for the night!! Take only what you need.

# Food Pantry drive-in/walk-up:

Tues. 3pm-6pm Thurs. 10am-1pm Sat. 9am-11:30am

Mon-Fri 10am--3pm Someone usually at the pantry . And Saturdays from 9am-11am.

#### Church office:

Mon-Thurs. 9am-3pm

#### 3. Christian Community Action (CCA)

200 S Mill St Lewisville, TX 75057 972-221-1224 www.ccahelps.org

# 4. Our Daily Bread

300 West Oak Street, Suite 100 Denton, TX 76201 Mon-Fri 10am-1:30pm Sat 10am-12:45pm 940-566-1308 or C-940-765-7607 www.ourdailybreaddenton.org

# 5. Denton Community Food Center

306 N. Loop 288, Suite 400 Denton 76209 11am Mon & Wed ONLY 940-382-0807 www.dentoncfc.org

# FOOD (cont.)

# 6. Meals on Wheels (SPAN)

1800 Malone Street Denton, Texas 76201 940-382-2224 www.mowdc.org

# 7. Salvation Army (with a Shelter)

940-566-3800 1508 E McKinney St Denton, TX 76209 www.salvationarmyusa.org

# 8. Argyle Food Bank

414 N Hwy 377 Argyle, TX 76226 Mondays 9am-Noon (last client admitted at 11:45am) 940-464-7224 ext. 107 or 940-453-1308 www.fbcargyle.org/foodbank

# 9. Salvation Army

206 W Main St Lewisville, Tx 75067 972-353-9400

www.salvationarmydfw.org/p/locations/lewisville

Lunch served:

Mon-Fri 12pm-1pm Sun 12:30pm-1:30pm

# CLOTHING

### 1. Salvation Army

206 W Main St Lewisville, TX 75067 972-353-9400

www.salvationarmydfw.org/p/locations/lewisville

# 2. Christian Community Action (CCA) Resale Thrift Store

5000 Main Street The Colony, TX. 75056 Mon-Sat 9am-8pm, Sun 11am-7pm 972-625-6641 www.ccahelps.org

# 3. Salvation Army (with a Shelter)

940-566-3800 1508 E McKinney St Denton, TX 76209 www.salvationarmyusa.org

# 4. Vision Ministries

626 Wainwright St.
Denton, TX 76201
940-297-6860 or 940-387-8230
www.vision@dentonbible.org

# 5. Valley Creek Church/Next Steps

1305 S SH121 Bus (972) 539-2002

email: nextstepscenter@valleycreek.org www.valleycreek.org

# 6. Thrift Giant

2202 S SH121 Bus Lewisville, TX 75067 Mon-Sat 9am-8pm, Sun 11am-7pm 214-488-0012 www.thrift-giant.com

# TRANSPORTATION

# 1. Denton County Transportation Authority (DCTA)

940-243-0077 Main Website: www.dcta.net

Train/Bus Schedules & Maps: www.dcta.net/schedules-maps

# 2. Span Denton County Transit

(Special Programs for Aging Needs) 1800 Malone Street Denton, Texas 76201 940-382-2224 www.span-transit.org

# 3. Angel Wheels

May help pay medically related long-distance transportation 888-675-1405 https://www.mercymedical.org

## 4. UBER

www.uber.com/us/en/ride



# 1. Texas Workforce Solutions

1300 Teasley Ln Denton, TX 76205 940-382-6712 www.dfwjobs.com

# 2. Texas Workforce Commission

800-735-2989 <u>www.twc.texas.gov</u>

# 3. Texas Workforce Commission

1735 Keller Springs Road #150 Carrollton TX. 75006 214-365-2820

<u>Texas Workforce Commission | Welcome, we're here to help. Resources, tips and tools to build a stronger Texas workforce.</u>

# RENT/UTILITIES

# 1. Interfaith Ministries

1109 N. Elm Street Denton, TX 76201 940-566-5479 www.ifmdenton.org

# 2. Metrocrest Services - Food Pantry and Financial Assistance

Mon-Fri 8am-5pm, Sat 9am-1pm 972-446-2100

# 3. Christian Community Action (CCA) 972-219-4357

# FURNITURE

# 1. The Salvation Army Family Store

602 E Round Grove Rd Lewisville, TX 75067 Mon-Sat 10am-6pm 972-471-9440 www.satruck.org

# 2. Valley Creek Church/Next Steps

1305 S SH121 Bus (972) 539-2002 www.valleycreek.org/lewisville

# COMPUTER/INTERNET ACCESS

# The Colony Public Library

6800 Main Street The Colony TX 75056 972-625-1900972-874-6200



# 1. Salvation Army

207 Elm St Lewisville, TX 75067 Mon-Fri 7:15am Line starts, 7:30am Showers Start 972-353-9400



# 1. STARBRITE Coin Laundry (Free Laundry Service)

788 S. Mill Street Lewisville, TX 75057 Employee on duty 8am-5pm. Wash/Dry laundry 8am-11pm. 214-222-1700 www.starbritecoinlaundry.com

# Go to Salvation Army

206 W Main St Lewisville, TX 75067 972-353-9400

www.salvationarmydfw.org/p/locations/lewisville

Pickup Clear Token card, Tide Pods, Dryer Sheets (provides 3 or 4 loads wash/dry at STARBRITE) Laundry soap provided on site 8am-5pm, if needed.

# Medical, Dental, Prescriptions Assistance

# 1. Denton County Indigent Health Care

535 South Loop 288, Suite 1052 Denton, TX 76205-4502 Mon-Fri 8am-12pm, and 1pm-5pm 940-349-2940 or 972-434-8864 https://www.dentoncounty.gov/Departments/Health-Services/Denton-County-Public-Health/Indigent-Health -Care

# 2. Denton County Health Department

535 S. Loop 288 Denton, Texas 76205-4502 940-349-2900

https://www.dentoncounty.gov/Departments/Health-Services/Denton-County-Public-Health

# 3. Primary Care Clinic of North Texas

560 West Main Street, Suite 201 Lewisville, Texas 75057 972-221-6005 M-F 8:30am-12:30pm, and 1pm-5pm, Sat 8:30am-12:30pm www.primarvcareclinic.org

# **Denton Kiwanis Children's Clinic**

1001 N. Elm Street Denton, Texas 76201 940-387-6323 www.DentonKiwanisClub.org

# 5. First Refuge Ministries

1701 Broadway St Denton, TX 76201 940-213-3572 or 940-484-4384 http://firstrefugeministries.org/medical-clinic

# 6. Christian Community Action (CCA) Adult Health Center

200 S Mill St Lewisville, TX 972-219-4300 www.ccahelps.org

# 7. Interfaith Ministries of Denton

1109 N Elm, St #1 Denton, TX 76201 940-565-5479 www.ifmdenton.org

# 8. GoodRx Prescription Drug Savings Card (Save up to 80%)

Use the following information:

BIN: 610602 PCN: NVT Group: GRX2627

Member ID F6274782827

Or Get your own card at: 888-799-2553 www.goodrx.com/discount-card

#### **Health Services of North Texas**

4310 Mesa Drive Denton, TX 76207 940-381-1501

#### 10. North Texas Area Agency for the Aging

Coordination of care/services, DME's not covered by Medicare, others services to help maintain independ-

800-272-3921 Denton

# 11. Texas Department of Aging and Disability Services Caregiver Support

In-home community-based services for individuals who are elderly or disabled. 800-252-9240

# 12. Geri Options Geriatric Care Management

Assisting older person & families with long term arrangements, consultations, assessment/planning, care management for older persons. 940-566-0902

#### 13. Medicare

800-633-4227 or 800-MEDICARE

www.medicare.gov

#### 14. Rx Outreach

888-796-1234

Provides affordable medications for people in need www.rxoutreach.org

### 15. AstraZeneca Prescription Assistance Program

Help qualifying people without insurance, those in Medicare who are still having trouble. 800-292-6363

www.azandmeapp.com

# 16. Pfizer Patient Assistance Program

Range of assistance programs that offer insurance support, co-pay help, and medicines for free or at a savings.

866-706-2400

www.pfizerrxpathways.com

# 17. Johnson & Johnson Patient Assistance Foundation

Helping patients without insurance receive prescription products donated by Johnson & Johnson operating companies.

800-652-6227

www.jjpaf.org

# 18. Friends of Man

Mobility equipment, prosthetics, glasses, dentures, hearing aids, and much more. 303-798-2342

www.friendsofman.org

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# OTHER CRISIS ASSISTANCE

# 1. The Colony Police Department

911 Emergencies 972-625-1887 Non-Emergencies

# 2. Friends of the Family (Denton County)

800-572-4031 (24-hour Crisis Line) Denton Outreach Office 4845 S I-35 E, Suite 200 Corinth, TX 76210 940-387-5131 www.dcfof.org

# 3. Children's Advocacy Center for Denton County

1854 Cain Drive Lewisville, Texas 75077 972-538-9658 www.cacdc.org

# 4. Child Protective Services (CPS) or Adult Protective Service (APS), and to Report Child or Elderly Abuse/Neglect

800-252-5400 or 800-877-5300 LEO or Non LEO press 2 after connected

# 5. Refuge for Women

Hotline: 6859-629-1642

306 N. Loop 288 #199 Denton, Texas 76209 Hotline number is 859- 629-1642.

Non-profit, faith-based organization specialized long-term care for women who escaped human trafficking/sexual exploitation. Offer 12 months safe housing no charge, around the clock care as clients progress through evidence-based, trauma informed programming, includes counseling and life and work skills development. Work with persons 18+.

#### 6. Rescue Her

817-891-2093 Crisis response, 24/7 hotline

Respond within 90 minutes of call. They go to client, neutral setting. Non-profit out of Euless, TX, provide awareness, prevention, rescue, aftercare for victim or person at risk of trafficking. Help immediate needs, medical and shelter. Client choose long-term advocacy or proceed on their own. Long term advocacy counseling, long term housing, medical care, legal services, obtaining ID documents, transportation to appointments.

# OTHER CRISIS ASSISTANCE

# 7. NEXT Steps The Colony call 972-445-7770

Next Steps is a non-profit organization that helps people in The Colony, Texas who are either currently in crisis, or who need coaching and resources to avoid a crisis.

Next Steps – The Colony (nextstepstc.org)

#### 8. METRO Relief Call- 214-705-3555

They help people experiencing homelessness get off the streets through an all mobile, person-centered, and solution-first approach.

Metro Relief | DFW Homeless Street Outreach

# 9. HERE for Texas Mental Health Navigation Line

call 972-525-8181 Mon. thru Fri. 10 to 6

This free helpline connects callers to mental health services and resources tailored to their needs. This is not a crisis line, but a navigation line to help anyone needing help knowing where to turn. Assistance available in Spanish also.

www.herefortexas.com

#### 10. National Suicide Prevention Lifeline- Call 1-800-273-8255

This lifeline provides 24/7, free and confidential support for people in distress, prevention, and crisis resources for you and your loved ones, and best practices for professionals.

www.suicideporeventionlifeline.org

# 11. National Crisis Text Line-

Text 741-741 to connect with a trained crisis counselor for free, 24/7, crisis support via text message

www.crisistextline.org

# 12. Mental Health America (MHA)

MHA is the nation's leading community-based nonprofit dedicated to addressing the needs of those living with mental illness and promoting the overall mental health of all Americans.

www.mhanational.org

# OTHER CRISIS ASSISTANCE

**13.** My Health My Resources (MHMR) of Denton County MHMR has been a provider of quality mental health and intellectual and developmental disability services in Denton County since its inception in 1969. It is the second-largest community center in Texas, offering services in the following areas:

Mental Health

Intellectual & developmental disabilities

Substance use

Early childhood intervention

- 1. Criminal justice system support
- 2. Homelessness
- 3. Veterans
- 4. www.dentonmhmr.org

MHMR Crisis Hotline 1-800-762-0157

MHMR Triage Facility: 24/7 days a week walk in center.

Address: 2509 Scripture Street Unit 100

Denton TX. 76201 Phone: 940-381-9965

## 14. Mental Health Texas

Mental Health Texas provides learning and treatment opportunities for those coping with mental health conditions and those that support them.

www.mentalhealthtx.org

#### 15. The Trevor Project Lifeline- Call 1-866-488-7386

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to the LGBTQIA+ questioning young people under 25 years old

www.thetrevorproject.org

# 16. National Alliance on Mental Illness (NAMI) call 1-800-950-NAMI (6264)

NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of American's affected by mental illness. NAMI works to educate, advocate, listen, and lead to improve the lives of people with mental illness and their loved ones. Call the NAMI helpline.

www.nami.org

# OTHER CRISIS ASSISTANCE

# 17. Substance Abuse and Mental Health Services Administration (SAMHSA)

SAMHSA is the agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.

www.samhsa.gov

# 18. Anxiety and Depression Association of America (ADAA) call 240-485-1001

ADAA in an international nonprofit organization dedicated to the prevention, treatment, and cure of anxiety, depression, OCD, PTSD, and co-occurring disorders through education, practice, and research.

www.adaa.org

# 19. Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD)

Talk with a ADHD Information Specialist at 800-200-8098 Mon-Fri 1-5.

CHADD is the nation's leading nonprofit organization serving people affected by ADHD.

www.chadd.org

# 20.0The Depression and Bipolar Support Alliance (DBSA) call 1-800-826-3632

DBSA is a comprehensive resource for more than 23 million people in the U.S. who live with mood disorders. They provide education, tools, and peers support. These are resources for yourself or someone you care about.



# 21. The National Eating Disorders Association (NEDA) call 800-931-2237

NEDA is the largest nonprofit organization dedicated to supporting individuals and families affected by eating disorders. NEDA supports individuals and families affected by eating disorders and serves as a catalyst for prevention, cures, and access to quality care.

www.nationaleatingdisorders.org

# 22. Schizophrenia and Relate Disorders Alliance of America (SARDAA) call 800-493-2094

SARDAA improves lives affected by schizophrenia-related brain illnesses (mental illness involving psychosis). SARDAA promotes hope and recovery through support programs, education, collaboration, and advocacy.

www.sardaa.org

# 23. Trauma Support Services of North Texas (TSSNT) call 972-709-4904

TSSNT began in 2007 with the realization that trauma victims were being under-served. The mission of TSSNT is to provide personalized, compassionate care for those affected by trauma, TSSNT will also provide education and training for professionals, volunteers, inters, and the general public who come in contact with trauma survivors and their families.

www.tssnt.org

# 24. Emily's Place Call— 972-424-7775 P.O. Box 860911n Plano, TX. 75074

Emily's Place provides long-term transformational care that is critical for helping domestic violence survivors permanently escape abuse.

info@emilysplacetx.org

# OTHER CRISIS ASSISTANCE

# 25. Freeman House 1334 Southview Lane, Dallas TX. 75240

Intake for Men: <u>(214)</u> 676-2693 Intake for Women: <u>(469)</u> 740-1043

Whether it's with a transition plan after being released from incarceration, or doing a 'restart' with your life, we can help you build a stable life in a stable home.

intake@freemanhouse.org

# 26. Samaritan Inn Call- 972-542-5302 1514 N. McDonald Street, McKinney TX. 75071

We are a comprehensive homeless program that helps willing people gain dignity and Independence.

<u>The Samaritan Inn – Hope For The Homeless</u> (saminn.org)

#### 27. Texas alcohol addiction resource

Website provides free resources for people at any stage of their recovery journey, along with a local AA meeting directory

Find The Colony, Texas AA Meetings Near You | AlcoholicsAnonymous.com

# VETERAN SER<mark>VICES</mark>

# 1. 800-273-8255 Veterans Crisis Line

855-829-6636 Women Veterans Hotline

214-857-1938 Women Veterans Program Manager

877-927-8387 Combat Call Center

877-424-3838 National Call Center for Homeless Veter-

#### 2. Denton VA Clinic

2223 Colorado Boulevard Denton, TX 76205-7523 940-891-6350 Main Number

#### 3. VA Behavioral Health

406 S Carroll Blvd Denton, TX 76201 214-857-3575 Referred through PCP

#### 4. VA Dallas Medical Center

4500 S Lancaster Rd Dallas, TX 75216 800-849-3597 214-742-8387 214-857-0805 Mental Health Open 24-Hours www.northtexas.va.gov

# 5. VA Fort Worth Medical Center/Outpatient Clinic

2201 SE Loop 820 Fort Worth, TX 76119 800-443-9672

https://www.northtexas.va.gov/locations/fwopc.asp

# 6. Veterans Service Office

1505 E McKinney St Denton, TX 76209 940-349-2950

http://www.dentoncounty.com/veteran

# 7. Denton County Veteran Center

Veteran Community Navigators (VCN)
Liz Emerson LMSW or Nikki Perez BSW
Variety of Veteran Assistance/Referrals, as needed.
Mon-Fri 940-349-3597
Make a referral for their specific needs:
<a href="https://www.dentoncounty.gov/FormCenter/Contact-Forms-4/Veteran-Community-Navigator-Program-Refe-165">https://www.dentoncounty.gov/FormCenter/Contact-Forms-4/Veteran-Community-Navigator-Program-Refe-165</a>

# **VETERAN SERVICES**

# 8. Healthcare for Homeless Veterans (HCHV)

Veterans who are homeless or at imminent risk of homelessness are strongly encouraged to contact the National Call Center for Homeless Veterans at (877) 4AID-VET (877-424-3838) for assistance.

www.va.gov/homeless

**Homeless Housing Screenings** 

Walk-ins are taken on a first-come, first-served basis Mon-Fri Times vary with location.

877-424-3838 **24/7 Homeless Resource Hotline** 800-849-3597 x78955 Appointments & Walk-in Info

### **Dallas VA Medical Center**

4500 S. Lancaster Rd Bldg. 71A (located in back parking lot)

#### **Fort Worth Homeless Clinic**

1518 E. Lancaster Check-in at Front Desk <a href="https://www.northtexas.va.gov/services/homeless/index.asp">https://www.northtexas.va.gov/services/homeless/index.asp</a>

# 9. Fort Worth Homeless Veterans Program

Offers Homeless Outreach, Housing, and Community Resource and Referral Center 1518 E. Lancaster Rd., Fort Worth, TX 76104 817-255-7150

# 10. Ranch Hands Rescue

8827 Hwy. 377 S.

Argyle, TX 76226

One-of-a-kind PTSD treatment program, facilitate healing for both humans and animals who suffered trauma. Serve a very specific clientele that has not responded to traditional counseling services. Facilitated by Licensed Professional Counselors or LPC interns. Nurturing our sanctuary animals helps lead the client to healing.

940-240-0500

www.ranchhandsrescue.com

#### 11. VFW Post 9168

997 TX-121 BUS Lewisville, TX 75057 972-436-5256

# VETERAN SERVICES (Cont.)

# 12. VFW Post 9168

325 E. Valley Ridge Blvd. Lewisville, TX 75057 972-436-5256

### 13. American Legion Post 21

3601 Main Street The Colony, TX 75056 214-803-8824

# 14. Women Veterans of America (Denton)

Monthly Chapter Meetings 3rd Sunday of the month Commander Camilla Zimbal 214-502-4154 Mailing address: 111 E University PMB 192 Suite 105 Denton, TX 76209 www.wvachapter48.com

#### 15. Military Veteran Peer Network

Mondays and/or Thursdays other days by appointment only Kasey Brown U.S. Marine Veteran 701-866-2758

# 16. Dept. of Veteran Affairs

701 Clay Ave Waco, TX 76706 Mon-Fri 0830-1600, Sat-Sun Closed 800-827-1000 www.benefits.va.gov/waco

# 17. Texas Veterans Portal

Connects veterans, their families, and caregivers to the benefits and services earned through their military service.

Including:

Health and Wellness, Education and Training, Employment/Careers, Housing and Loans, License, Records, and Medals, Dependents and Caregivers, Legal and Financial, Disabilities and Claims, Women Veterans, Agencies, and Events Calendar.

www.veterans.portal.texas.gov

# VETERAN SERVICES (Cont.)

#### 18. TXSERVES North Texas

Services:

Benefits, Clothing & Home, Education, Employment, Food, Healthcare, Housing/Shelter, Family Support, Legal Services, Money Mgmt., Social Enrichment, Spiritual Enrichment, Spiritual Services, Sports/ Recreation, Transportation, and Utilities. 817-317-0764

www.northtexas.americaserves.org

# 19. Online Signup for the VA Newsletter (Stay in the know)

U.S. Department of Veterans Affairs www.va.gov/vetresources

#### 20. Texas Veterans Commission

Claims, Education, Employment, Entrepreneurs, Grants, Healthcare Advocacy, Mental Health, Women Veterans Mailing Address: P.O. Box 12277 Austin, TX 78711-2277 info@tvc.texas.gove 800-252-8387 Mon-Fri 7:30am-5:30pm www.tvc.texas.gov

# 21. Community Learning Center

555 North Grants Lane Fort Worth, Texas 76108 Combatants Overcoming Income Needs (C.O.I.N) Financial assistance to veterans & surviving spouses who face a financial barriers to employment and/or quality of life. Mortgage/Rent/ Emergency Hotel, Auto Payment/Insurance/ Mechanical Repairs, Utility, Cell Phone, Internet Payments, and Child Care throughout the State of Texas.

POC: Keri Anne Wilcox 817-569-9008 ext. 16 kwilcox@clcinc.org www.clcinc.org

# VETERAN SERVICES (Cont)

# 22. Denton County Veteran Stability Program (United Way Denton County)

1314 Teasley Lane, Denton, TX 76205

Documents for employment/housing, rent/mortgage payments, deposits, application fees, temp hotel, childcare, employment/job training, utilities, transportation. Elishia Baxter, MSW, Veteran Center Coordinator 940-566-5851 x113

www.unitedwaydenton.org/veteranstabilityprogram You can make a Referral through:

www.unitedwaydenton.org/referral/veterans

# 23. Dr. Nicole Rae Grandjean

Psychologist, PhD Primary Practice Location 1400 Preston Rd Ste 130 Plano, Texas 75093-5186

Phone: (972) 532-9282

Local recommendation by other veterans that chose not to use the VA. Specialties: Trauma and PTSD, Testing and Evaluation, Traumatic Brain Injury, Addiction, Alcohol Use, Anger Management, Antisocial Personality, Anxiety, Bipolar Disorder, Depression, Domestic Abuse, Domestic Violence, Obsessive-Compulsive (OCD), and more.

Office Hours: Mon-Fri 8am-5pm, Sat-Sun Closed 214-740-6192 Free phone or video consultation. www.psychologytoday.com/us/therapists/nicole-raegrandjean-plano-tx/721932

# 24. U.S. Department of Veterans Affairs

Online Benefits Information www.benefits.va.gov/benefits

# VETERAN SERVICES (Cont)

# 25. University Behavioral Health (UBH) Military

# **Program**

2026 W. University St

Denton, Tx

Services: 14-40 day treatment (inpatient), Safehaven program for military sexual trauma, chronic psychiatric challenges such as depression and anxiety, self-harm, childhood sexual abuse, domestic violence and chemical dependency program.24/7 for Active Duty, Veterans, Retirees and their families.

www.ubhdenton.com/treatment-services/militaryprogram

# 26. Veterans Treatment Court Program

Veterans Courts are programs specifically designed for those service members with a service related injury. Or, with a disorder that results in being charged with a crime. Many are also struggling with substance use and/ or drug use. The focus is placed on counseling and treatment of underlying conditions rather than on punishment. The ultimate goal of the court is to provide a pathway within the criminal justice system to get our combat veterans' new lives back on track.

Jeff Gilmore: (940)349-2188 Jeff.Gilmore@DentonCounty.com

 $\underline{www.dentoncounty.gov/1103/Veterans\text{-}Treatment\text{-}Court}\\ -Program$ 

# Driver's License/ID, SSN, Voting, Vehicle Registration

# 1. Dept. of Public Safety Driver's License or ID

400 N Valley Pkwy, Suite 2072 Lewisville, TX 75067 Mon-Fri 0800-1700 You can make online appointments or renewals www.dps.texas.gov/DriverLicense

# 2. Dept. of Public Safety Driver's License or ID

820 North Loop 288
Denton, TX 76209-3699
940-484-6666
Mon-Fri 0800-1700
You can make online appointments or renewals
www.dps.texas.gov/DriverLicense

# 3. Dept of Public Safety Motor Vehicle Registration Office 5533 FM 423, Frisco, TX 75034

Mon-Fri 0800-1700 940-349-3510 Denton County Registration & Titling - Frisco of Frisco, Texas | DMV.ORG

# 4. Dept of Public Safety Motor Vehicle Registration Office

1505 E McKinney Street Mary and Jim Horn Govt Center Denton, TX 76209 940-349-3510 www.txdmv.gov/motorists/register-your-vehicle

# 5. U.S. Social Security Administration

2201 Colorado Blvd Denton, TX 76205 Mon-Fri 9am-4pm 888-717-1530 www.ssa.gov

# 6. Denton County Elections Administration

701 Kimberly Drive, Suite A101 Denton, TX 76208 940) 349-3200 www.votedenton.com

# Court Buildings/Office

# 1. The Colony Municipal Court

5151 North Colony Blvd. The Colony, TX. 75056 Phone: 972-624-2200 Monday-Thursday 7:30am-5:30pm Friday 7:30 am-11:30am

Municipal Court | The Colony, TX

# 2. Denton County Court

1450 E McKinney St Denton, TX 76209 940-349-2100 Mon-Fri 8am-5pm

# 3. Denton County Clerk

1450 E McKinney St Denton, TX 76209 940-349-2012 Mon-Fri 8am-4:30pm www.dentoncounty.gov/173/County-Clerk

# 4. Denton County Probate Court 2

3900 Morse Street Suite #100 Denton, TX. 76208